

Junior Nationals
August 4, 5, 6, 7, 8, 2008
Minneapolis, Minnesota

Women			Men		
SCY	LCM	Events	SCY	LCM	
23.69	27.29	50 Freestyle	21.19	24.59	
51.29	58.79	100 Freestyle	46.29	53.49	
1:50.39	2:06.49	200 Freestyle	1:41.39	1:56.59	
4:53.19	4:24.89	400 Freestyle	4:33.79	4:07.19	
10:05.99	9:03.49	800 Freestyle	9:29.39	8:32.29	
16:48.49	17:20.49	1500 Freestyle	15:51.49	16:15.49	
56.89	1:06.39	100 Backstroke	51.59	1:00.29	
2:02.39	2:22.19	200 Backstroke	1:51.79	2:09.99	
1:04.39	1:14.39	100 Breaststroke	57.99	1:07.89	
2:18.79	2:40.79	200 Breaststroke	2:06.29	2:27.59	
55.99	1:03.99	100 Butterfly	50.69	57.79	
2:03.09	2:20.29	200 Butterfly	1:52.29	2:08.69	
2:04.09	2:23.69	200 IM	1:52.99	2:11.59	
4:22.39	5:03.69	400 IM	4:02.59	4:40.19	
3:51.89	4:26.19	400 Medley Relay	3:29.59	4:01.99	
3:30.29	3:59.99	400 Freestyle Relay	3:08.89	3:38.29	
7:42.99	8:36.99	800 Freestyle Relay	6:53.79	7:54.99	

Time Standards for Bonus Events

Women			Men		
SCY	LCM	Events	SCY	LCM	
24.59	27.79	50 Freestyle	21.69	24.79	
52.89	1:00.19	100 Freestyle	47.09	53.99	
1:54.19	2:09.09	200 Freestyle	1:43.09	1:58.09	
5:03.29	4:30.69	400 Freestyle	4:39.59	4:09.79	
10:21.29	9:15.99	800 Freestyle	9:39.29	8:40.79	
17:24.29	17:46.69	1500 Freestyle	16:13.69	16:41.69	
59.09	1:07.89	100 Backstroke	53.09	1:01.39	
2:06.99	2:25.99	200 Backstroke	1:54.79	2:12.39	
1:06.89	1:16.79	100 Breaststroke	59.49	1:10.09	
2:24.29	2:44.99	200 Breaststroke	2:09.79	2:29.79	
58.49	1:05.79	100 Butterfly	51.89	58.89	
2:07.39	2:24.19	200 Butterfly	1:54.89	2:10.59	
2:09.49	2:27.59	200 IM	1:56.29	2:13.59	
4:33.09	5:09.69	400 IM	4:08.09	4:43.89	

Qualifying Period

July 1, 2007 Through Entry Deadline