

Colorado Zone 2 Summer Districts

July 16, 17, 18, 2010

10 & U, 11 & 12, 13 & 14 Age Groups

Location: Carmody Pool, 2200 S. Kipling Street, Lakewood, CO. Phone: 303-985-2322

Facilities: Indoor seven (7) lanes 50 meter pool, with continuous warm-up/warm-down available.

Rules: Current USA Swimming Rules will govern the meet.
All events will be timed finals.
All 400 and or greater will require positive check-in. The swimmer/parent/coach must check in at the clerk of course by the close of warm-up on the day of the event.

Morning Sessions-11 & 12 Boys and all 10 U events.

Afternoon Sessions-11 & 12 Girls and all 13 & 14 events

The 800-1500 Freestyle will be limited to a total of six (6) heats: the top 21 female and the top 21 male entries will swim. Entry fees paid for swimmers entering the 800-1500 Freestyle that are not in the top 21 will be refunded.

Swimmers swimming the 400-800-1500 Freestyle and the 400 IM must provide their own timers and counters. All events will be swum fastest to slowest.

Age as of July 16th, 2010, will determine the swimmer's age group.

Swimmers may enter four (4) individual events per day, no more than ten (10) total events.

Awards: Individual Events-10 & U, 11-12, and 13-14
Medals 1st-3rd Place
Ribbons 4th-8th Place
10 & Unders **will not** be awarded in 12 & Under Events.

Entry Fees: Individual Events \$ 5.00 per event
Swimmer Surcharge \$10.00 per swimmer

Please make check payable to: Aces Swim Club.

Entry

Deadline: All entries by Tuesday, June 29, 2010, before 7:00 PM.

Girls	Session 1 Friday 8:10am Start	Boys
Event #	Events	Event #
	11-12 50 Free	1
2	10&U 100 Fly	3
	11-12 100 Fly	4
5	10&U 200 Free	6
	11-12 200 Free	7
8	10&U 50 Back	9
	11-12 50 Back	10
11	10&U 50 Breast	12
	12&U 200 Breast	13
Girls	Session 2 Friday 12:25 pm Start	Boys
Event #	Events	Event #
14	14&U 800 Free	15
Girls	Session 3 Friday 3:10 pm Start	Boys
Event #	Events	Event #
16	11-12 50 Free	
17	13-14 200 Fly	18
19	11-12 100 Fly	
20	13-14 100 Free	21
22	11-12 200 Free	
23	13-14 200 Breast	24
25	12&U 200 Breast	
26	13-14 100 Back	27
28	11-12 50 Back	

Girls	Session 4 Saturday 8:10 am Start	Boys
Event #	Events	Event #
	11-12 200 IM	29
30	10&U 200 IM	31
	11-12 100 Free	32
33	10&U 100 Free	34
	11-12 100 Breast	35
36	10&U 100 Breast	37
	12&U 200 Back	38
	11-12 50 Fly	39
Girls	Session 5 Saturday 12:25 pm Start	Boys
Event #	Events	Event #
	14&U 1500 Free	40
Girls	Session 6 Saturday 3:10 pm Start	Boys
Event #	Events	Event #
41	13-14 200 IM	42
43	11-12 200 IM	
44	13-14 50 Free	45
46	11-12 100 Free	
47	13-14 100 Fly	48
49	11-12 50 Fly	
50	13-14 200 Back	51
52	12&U 200 Back	
53	13-14 100 Breast	54
55	11-12 100 Breast	
56	13-14 200 Free	57

Girls	Session 7 Sunday 8:10 am Start	Boys
Event #	Events	Event #
	12&U 200 Fly	58
59	10&U 50 Fly	60
	11-12 50 Breast	61
62	10&U 50 Free	63
	11-12 100 Back	64
65	10&U 100 Back	66
	12&U 400 Free	67
Girls	Session 8 Saturday 12:25 pm Start	Boys
Event #	Events	Event #
68	14&U 1500 Free	
Girls	Session 9 Sunday 3:10 pm Start	Boys
Event #	Events	Event #
69	12&U 200 Fly	
70	11-12 50 Breast	
71	14&U 400 IM	72
73	11-12 100 Back	
74	13-14 400 Free	75
76	12&U 400 Free	