

MACS Fall Invitational

October 15, 16, 17, 2010

- Location:** Arapahoe High School, 2201 E. Dry Creek Road, Littleton, Colorado 80122.
Phone: 303-347-6000.
- Pool:** Indoor 25- yard pool with 10 lane pool, 8 lanes will be available for competition with one lane for warm-up and warm-down.
- Eligibility:** **Anyone that competed in a 2009-2010 USA sanctioned swim meet. No summer club or high school times will be allowed in this meet. New members and swimmers with no times should plan on swimming in the Developmental Meet on Friday, October 1st, 2010.**
- Rules:** Current USA 2010 Swimming Rules shall apply.
All events will be timed finals.
The meet will be pre-seeded except for the 500-1650 Freestyle and the 400 IM.
The 500-1650 Freestyle will require positive check-in one hour prior to the start of the race. These events will be deck seeded.
Swimmers swimming the 500-1650 Freestyle must provide their own timers and counters.
The 1650 Freestyle will be limited to the top 32 seeded entrants of each gender, regardless of age.
Age as of October 15, 2010, will determine swimmer's age group.
Swimmers may enter no more than four (4) individual events per day.
- Awards:** Ribbons 1st –8th Place in the following age groups: 8 & U, 10 & U, 11-12, & 13-14.
- Entries:** Individual Events: \$4.00 per event
Swimmer Surcharge \$7.00 per swimmer
Make checks payable to: ACES Swim Club.
- Entry Deadline:** All entries are due by Wednesday, September 29th, 2010, before 7:00 PM.

Session 1 - Friday Evening, October 15, 2010

4:00 – 4:50 P.M. Warm-up		5:00 P.M. Start
GIRLS	EVENT	BOYS
EVENT #		EVENT #

1 Top 32 **OPEN 1650 FREE** Top 32 2

Session 2 - Saturday Morning, October 16, 2010

7:00 – 8:00 AM Warm-up 8:10 AM Start

GIRLS	EVENT	BOYS
EVENT #		EVENT #
3	11-12 50 FREE	4
5	10 & U 50 FREE	6
7	8 & U 25 FREE	8
9	11-12 100 BACK	10
11	10 & U 100 BACK	12
13	8 & U 25 BACK	14
15	11-12 100 IM	16
17	10 & U 100 IM	18
19	8 & U 100 IM	20
21	11-12 50 Breast	22
23	10 & U 50 Breast	24
25	8 & U 25 Breast	26
27	11-12 200 Free	28
29	10 & U 200 Free	30
31	11-12 50 Fly	32
33	10 & U 50 Fly	34
35	8 & U 25 Fly	36

Session 3 - Saturday Afternoon, October 16, 2010

12:30 – 1:30 PM Warm-up 1:40 PM Start

37	OPEN 100 FREE	38
39	OPEN 100 BACK	40
41	OPEN 200 FLY	42
43	OPEN 100 BREAST	44
45	OPEN 200 FREE	46
47	OPEN 400 IM	48

Session 4 - Sunday Morning, October 17, 2010

7:00 – 8:00 AM Warm-up 8:10 AM Start

GIRLS EVENT #		EVENT	BOYS EVENT #
49	11-12	100 FLY	50
51	10 & U	100 FLY	52
53	11-12	100 BREAST	54
55	10 & U	100 BREAST	56
57	11-12	200 IM	58
59	10 & U	200 IM	60
61	11-12	100 FREE	62
63	10 & U	100 FREE	64
65	11-12	50 BACK	66
67	10 & U	50 BACK	68
69	12 & U	500 FREE	70

Session 5 - Sunday Afternoon, October 17, 2010

12:30 -1: 30 PM Warm-up

1:40 PM Start

71	OPEN	200 BREAST	72
73	OPEN	100 FLY	74
75	OPEN	200 BACK	76
77	OPEN	50 FREE	78
79	OPEN	200 IM	80
81	OPEN	500 FREE	82

