

Highlands Ranch Sprint Eliminator

June 20, 2018

- Location:** Lowry Pool, 775 Alton, Building #695, Denver, Colorado 80230.
- Facilities:** Outdoor 6 lanes 50-meter pool with non-turbulent lane lines. Five lanes may be used for competition with one lane for continuous warm-up/warm-down.
- Memorial:** Donna Griffin, an HRA parent for nine years passed away from breast cancer on May 6th, 2017. To honor her legacy, and to support others fighting as she did, Griffin Strong caps and wrist bands will be available for sale with proceeds donated to a scholarship fund in Donna's name.
- Rules:** Current 2018 USA Swimming Rules will govern the meet.
Open to USA member athletes 13 & Over.
Age of swimmer is determined as of June 20, 2018.
Deck changing is prohibited
All swimmers must be prepared to show current USA card.
Swimmers may enter all four (4) individual events.
Round 1 of the meet will be pre-seeded.
The subsequent rounds will be run in an eliminator format described on the Order of Events page.
- Awards:** Individual awards for Sprint Eliminator Champion in each event
- Entry Fees:** Individual Events \$5.50 each
Swimmer Surcharge \$8.00 per swimmer
Please make checks payable to the: **Aces Swim Club.**
- Entry Deadline:** All entries are due by Sunday, June 11th, 2018, before 7:00 PM.



Preliminary Semi-Final Championship

Complete events 1 through 8. Events will be pre-seeded from team entries. The top 12 finishers in each event will advance to Semi-Final.

The top 12 qualifiers from each event will swim in a circle seeded format. The top 6 finishers per event will advance to Championship Final.

The top 6 qualifiers from each event will compete in a single seeded heat to determine the champion of each event.

Highlands Ranch Aquatics Presents
The 2018 Griffin Strong Long Course Sprint Eliminator

Schedule of Events – Wednesday, June 20, 2018

Warm Up: 2:00 – 2:50 p.m. Session starts at: 3:00 p.m.

Women Event #	Event Description	Men Event #
1	13 & Over 50 Butterfly	2
3	13 & Over 50 Backstroke	4
5	13 & Over 50 Breaststroke	6
7	13 & Over 50 Freestyle	8
9	OPEN 200 Medley Relay*	10
11	OPEN 200 Freestyle Relay*	12

Meet format is as follows:

*** PENDING THE NUMBER OF SWIMMERS AND TIMELINES, RELAYS MAY BE SWUM AT THE CONCLUSION OF THE PRELIMINARY, SEMI-FINAL OR FINAL ROUNDS.**

There will be a 10 – 15minute break between each round to allow for a rest period and to seed the next round.