

**CASTLE ROCK 'CUDA**  
**10 & UNDERS**  
**November 29<sup>th</sup>, 2009**

- Location:** Castle Rock Community Recreation Center, 2301 N. Woodlands Blvd.,  
Castle Rock, Colorado 80104. Phone Number: (303) 660-1036.
- Facilities:** Indoor six (6) lanes 25 yards pool. Parking is limited, if possible PLEASE  
carpool. All swimmers and parents will sit in the gym and not in the pool  
area. Please bring sleeping bags, folding chairs, etc. to be comfortable.  
The main heating area will be in the gym.
- Rules:** Current USA and Colorado rules shall govern the conduct of the meet.  
Age of the swimmers is determined as of Sunday, November 29<sup>th</sup>, 2009.  
All events will be pre-seeded.  
This meet is timed finals.  
Swimmers may enter four (4) individual events for the meet.
- Awards:** Individual Events      Ribbons      1<sup>st</sup>-6<sup>th</sup> Place in the following age groups:  
6 & Under, 7 & 8, and 9 & 10 year olds  
All swimmers will receive a participation ribbon
- Entry Fees:** Individual events      \$3.25 per event.  
Swimmer Surcharge      \$7.00 per swimmer  
Please make check payable to the: **Aces Swim Club.**
- Entry**  
**Deadline:** All entries are due by Wednesday, November 18<sup>th</sup>, 2009, before 7:00 PM.
- Directions:** Take I-25 south bound to the Meadows Parkway/Founders Parkway exit.  
This is the Outlet Mall exit. If coming from southwest Denver you can take  
the Santa Fe (Hiwy 85) south to Meadows Parkway and turn left. From any  
direction turn east on Meadows/Founders Parkway. At the stoplight behind  
King Soopers turn right onto Front Street. After about 1 mile turn left onto  
Scott Blvd. The Castle Rock Community Recreation Center is at the top of  
the hill (behind the high school).
- Warm-Up:** Session I      7:30-7:55 AM  
Session II      7:55-8:20 AM  
Meet Starts      8:30 AM

## ORDER OF EVENTS

EVENT # Girls	EVENT	EVENT # Boys
1	8&UNDER 25 FREESTYLE	2
3	9-10 50 FREESTYLE	4
5	8&UNDER 100 IM	6
7	9-10 100 IM	8
9	8&UNDER 25 BREAST	10
11	9-10 50 BREAST	12
13	8&UNDER 50 FREESTYLE	14
15	9-10 100 FREESTYLE	16
17	8&UNDER 25 BACKSTROKE	18
19	9-10 50 BACKSTROKE	20
21	8&UNDER 25 FLY	22
23	9-10 50 FLY	24
25	8&UNDER 100 FREESTYLE	26
27	9-10 200 FREESTYLE	28