

ACES Long Course Spring Open

May 27, 28, 29, 2011

Location: Lowry Pool, 775 Alton, Building #695, Denver, Colorado 80230.

Facilities: Outdoor 6 lanes 50 meter pool with non-turbulent lane lines.

Rules: Current 2011 USA Swimming Rules will govern the meet.
All events will be timed finals.
The meet will be pre-seeded, except for the 400-800-1500 Free and the 400 IM, which will deck-seeded.
All events will be swum fastest to slowest
The 400-800-1500 Free and the 400 IM will be swum fastest to slowest alternating Girls and Boys.
The 400 Free and the 400 IM will require positive check-in one hour prior to the start of the race. Swimmers must provide their own counter and timers.
Age as of May 27th, 2011, will determine the swimmer's age group.
All swimmers must be prepared to show current USA card.
Swimmers may enter no more than four (4) individual events per day.

Awards: Individual Events
10-U, 11-12, 13 & 14 Ribbons 1st-6th Place
Open No Awards

Entry Fees: Individual Events \$4.25 each
Swimmer Surcharge \$8.00 per swimmer
Please make checks payable to the: Aces Swim Club.

Entry

Deadline: All entries are due by Monday, May 2nd, 2011, before midnight. You can register online: www.aceswimclub.com

Volunteer options required when filling out online entries!

Friday Afternoon, May 27, 2011 4:00 Warm-up, 5:00 Start

Female Event #	Age Group	Description	Male Event #
1	10 & Under	50 Fly	2
3	11 & 12	50 Fly	4
5	Open	200 Fly	6
7	10 & Under	100 Back	8
9	11 & 12	100 Back	10
11	Open	100 Back	12
13	10 & Under	50 Breast	14
15	11 & 12	50 Breast	16
17	10 & Under	100 Free	18
19	11 & 12	100 Free	20
21	Open	100 Free	22

Saturday Morning, May 28, 2011 8:00 AM Warm-up, 9:00 AM Start

Female Event #	Age Group	Description	Male Event #
23	Open	200 Free	24
25	Open	100 Breast	26
27	Open	200 IM	28
29	Open	100 Fly	30
31	Open	200 Back	32
33	Open	50Free	34
35	Open	400 Free	36

Saturday Afternoon, May 28, 2011 1:00 Warm-up, 2:00 Start (tentative)

Female Event #	Age Group	Description	Male Event #
37	10 & Under	200 Free	38
39	11 & 12	200 Free	40
41	10 & Under	100 Breast	42
43	11 & 12	100 Breast	44
45	10 & Under	200 IM	46
47	11 & 12	200 IM	48
49	10 & Under	100 Fly	50
51	11 & 12	100 Fly	52
53	10 & Under	50 Back	54
55	11 & 12	50 Back	56
57	10 & Under	50 Free	58
59	11 & 12	50 Free	60

Sunday Morning, May 29, 2011 9:00 AM Warm-up, 9:45 Start

Female Event #	Age Group	Description	Male Event #
61	Open	200 Breast	62
63	Open	400 IM	64
65	12 & Under	400 Free	66
67/69	Open	800/1500 Free	68/70