

ACES Last Chance Long Course Open

July 25, 2010

- Location:** Lowry Pool, 775 Akron, Building #695, Denver, Colorado 80230.
- Facilities:** Outdoor 6 lanes 50 meter pool with non-turbulent lane lines.
- Rules:** Current 2010 USA Swimming Rules will govern the meet.
All events will be timed finals.
The meet will be seeded fastest to slowest.
The meet will be pre-seeded, except for the 400-800-1500 Free and the 400 IM, which will deck-seeded.
The 400-800-1500 Free and the 400 IM will be swum fastest to slowest alternating Girls and Boys.
The 400-800-1500 Free and the 400 IM will require positive check-in one hour prior to the start of the race. Swimmers must provide their own counter and timers.
Age as of July 25th, 2010, will determine the swimmer's age group.
All swimmers must be prepared to show current USA card.
Swimmers may enter no more than four (4) individual events plus relays
- Awards:** There will be no awards
- Entry Fees:** Individual Events \$4.10 each
Swimmer Surcharge \$7.00 per swimmer
Please make checks payable to the: **Aces Swim Club.**
- Entry**
- Deadline:** All entries are due by Tuesday, July 20th, 2010, before 7:00 PM.

Sunday Morning Events Tentative Warm-up 8:00am Start 9:00 am			
Girls	Division	Event	Boys
1	Open	200 Free Relay	2
3	Open	50 Free	4
5	Open	100 Fly	6
7	Open	50 Back	8
9	Open	200 Back	10
11	Open	200 Free	12
13	Open	50 Breast	14
15	Open	200 Breast	16
17	Open	400 IM	18
19	Open	200 Medley Relay	20
Sunday Between Session 1 & 2			
Girls	Division	Event	Boys
21	Open	800 Free	22
23	Open	1500 Free	24
Sunday Afternoon Events Tentative Warm-up 12:45pm Start 2:00pm			
Girls	Division	Event	Boys
25	Open	100 Free	26
27	Open	50 Fly	28
29	Open	200 Fly	30
31	Open	100 Breast	32
33	Open	200 IM	34
35	Open	100 Back	36
37	Open	400 Free	38
39	Open	400 Free Relay	40

STATE JO's: The ACES Last Chance Open satisfies the CSI entry deadline for last chance entries for the upcoming State Championship meet. All new state qualifying times must be turned in along with the correct payment to the Clerk of Course **before** the end of the meet. Updating previously entered times is not permitted.

